

JANUARY, 2017



Fulton Newsletter to Parents

From the Principal, Ron Gonser

Dear Fulton Families:

As we look forward to a New Year I hope you will have a safe and relaxing Winter break with your family and friends. I wish all the Fulton learning community good health, happiness and success in the coming year and always. As teachers and parents we work hard to help children succeed and thrive. Sometimes that is an easy goal and other times it takes hard work. There are times that things go very well for our children. Other times things just don't go as planned or as we had hoped. Experiences like not winning the race or the game, not spelling the word correctly at the Spelling Bee, not being invited to a party, being ignored by a friend, or not getting a 100% on a test. These seemingly "small disappointments" can sometimes eclipse everything else in a child's world. You could probably look back on your own growing up and identify when disappointment paid you a visit. However, in the overall scheme of things these disappointments were probably not defining features of your childhood and they should not be for our children. It is our children's turn to learn that life lesson. Our job is to help them do it in a way that allows them to learn, grow and move forward from these experiences. If we always step in and try to "make it better" we rob them of that important opportunity.

During any week of school I encounter many instances of these opportunities, from answering questions in class, from the Spelling Bee, to activities at recess. When I see children who are able to regroup and try again when their team loses a point, find an alternative activity when friends choose something they don't want to do, or to accept that they did not get the right answer but that they will try again I know those are the children who are on their way. If instead children come to expect that an adult around them will always come to solve the problem, make suggestions and tell them that it was okay about the mistake without offering a way to learn from it then the children do not get a chance to build a sense of resilience. Like the Olympic gymnasts who falls off the parallel bar and gets right back up on it, they have what it takes, as the saying goes, to pick themselves up, brush themselves off and start all over again as though nothing happened. If we can give our children that skill we have given them far more than if we step in and compensate them for every disappointment. We've given them the building blocks of self-confidence and good coping skills, invaluable skills for the rest of their lives.

***We wish all our Fulton Families a Prosperous
And Happy New Year!***

JANUARY HAPPENINGS

1/3/2017—School Resumes

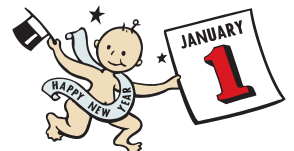
1/11/2017— *Fulton Spelling Bee 1st & 2nd Place @ Central 6PM*

01/13/2017 — *Staff Institute Day for Staff—No School for students.*

01/16/2017—*Martin Luther King's Birthday—No School*

1/23/17—*Yearbook Pictures*

1/31/17—*Parent Meeting for Robert Crown @ 6pm at Kruse Educational Center*



Physical Education

As winter begins and the snow starts to fall, please remember to bring your gym shoes to class. We also want to thank Orland Park bowl as they are allowing us to borrow their indoor bowling equipment for our bowling unit in January!

*Thanks,
Zach and Matt*



If your child wears glasses, the vision eye exam form from the eye doctor needs to be handed in to the nurse for the student's file. Along with the diagnosis, the nurse needs to know if there are any special instructions from the eye doctor such as "preferential seating" or may remove glasses for Physical Education.



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Notes From the Nurse

Attention Parents of Fifth Graders:

Fifth grade students are attending the Robert Crown Center for Health Education in February. The program entitled “Life Begins” focuses on human reproduction and the growth and development of a baby from conception to birth. Packets with additional information and permission slips will be sent home after winter break. **An opportunity for parents to preview and discuss the program’s content has been arranged.** This meeting will be held on **Tuesday, January 31, at 6:00 PM** at **Kruse Education Center**. An educator from Robert Crown will conduct the presentation. Please mark your calendars and plan to attend this important meeting.

How to Protect Your Child and Family from the Flu this School Year

The Center from Disease Control and Prevention (CDC) recommends 4 main ways you and your family may keep from getting sick with the flu at school and at home:

Practice good hand hygiene – by washing your hands often with soap and water, especially after coughing or sneezing. Alcohol-based hand cleansers are also effective.

Cover your mouth or nose – with a tissue when you cough or sneeze. If you don’t have a tissue, cough or sneeze into your elbow or shoulder, not into your hands.

Stay home if you or your child is sick – for at least 24 hours after there is no longer a fever or signs of a fever (without the use of fever-reducing medicine). Keeping sick students at home means that they keep their viruses to themselves rather than sharing them with others.

Get your family vaccinated – for the seasonal flu when the vaccines are available.

Just a reminder that vision and hearing – referrals will be sent home before the winter break. Please try to follow up with a doctor and return the referral form as soon as possible.



GRADE LEVEL NEWS

First graders continue to work on evoking images while they read. They use this strategy to picture in their mind what is taking place in the story. Please continue to read nightly and talk about the images they get while reading and listening to stories.

In math we will be working on related facts,

that is understanding that $5+3=8$, and $3+5=8$ also that $8-5=3$ and that $8-3=5$. Continue to practice math flash cards for speed and accuracy.

Our new science unit will be on energy.

In writing, we continue to work on opinion writing.

Happy New Year!

Second Graders - After the New Year the students will use addition to find the total number of objects in rectangular arrays and write addition equations with equal addends. They will partition a rectangle into rows and columns and count to find a total.

In the area of Literacy we are continuing to have the students recount stories, including fables and folktales from diverse cultures, and determine their central message, lesson, or moral. We also describe how words and phrases supply rhythm and meaning in a story, poem, or song.

We are continuing with Opinion Writing until the end of the 2nd quarter.

Third graders - are using text features and search tools to locate information in nonfiction texts. In writing, students are composing informational text with an introduction, supporting details, and a concluding statement.

Students are being introduced to the distributive property in math. They will be expected to use the distributive property in order to solve more challenging multiplication problems. Students should continually work on their multiplication and division facts using the strategies they have been taught. When they use these strategies, they will gain a deeper understanding of multiplication and division.



Fourth Grade:

Welcome to 2017! In literacy, we will be focusing on various skills and strategies using our Storyworks magazine passages. The quarter ends on January 19th, so please ensure your children are reading daily at home to meet and exceed their AR goals. We will be working on writing our narratives after learning about dialogue, characters, and narrative elements. Students are in the process of learning about multiplication strategies. Please continue to have your children study their multiplication facts on a daily basis. All fourth grade students had a fun time creating a mathematical snowman. These will be displayed in our halls to bring some winter joy to all. In Social Studies, the 4th graders will be “traveling” to the Northeast Region. Hope you enjoyed your time off with your families!

Fifth Grade

Happy New Year! We are hitting the ground running without wasting a single moment. Hitting the ground running? If you ask your child what that statement is an example of, chances are he or she will be able to tell you that it's an example of an idiom! Fifth graders are studying different types of figurative language such as idioms, metaphors, similes, hyperbole, personification, alliteration, and onomatopoeia. In fact, most fifth graders will create an iMovie about the different types of figurative language we've learned about. The kids cannot wait to be creative, use technology, and share their projects.

In reading, we are working on identifying the main idea of a text as well as supporting details. Students are also focusing on reading and comprehending informational text. We encourage all students to read aloud with their parents on a consistent basis. This will assist students to improve their reading fluency. This means to read at a steady pace, pausing at punctuation, and reading with expression. The only way to improve fluency is to practice, practice, practice! All fifth grade students are practicing their composition skills by creating clear, coherent, organized writing. Students are also learning the importance of editing their work!

In math, we are continuing to work with fractions. Time will also be dedicated to interpreting and solving word problems. Do you have computer/internet access at home? If so, please encourage your child to go on to the ixl.com website for math practice! Working on this site from home 10-15 minutes per day will be extremely beneficial.

European explorers and early English settlements are the upcoming units we will learn about in social studies.

Parents, please be on the lookout for information regarding the fifth grade field trip to the Robert Crown Health Center. The trip is scheduled for February 27th, but there will be paperwork going home soon detailing a parent information meeting and other important details.

Please don't forget to encourage your child to read nightly and practice his or her math facts!!



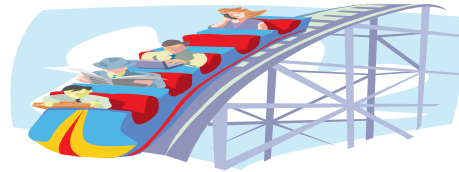


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Spelling Bee 3rd thru 5th Grades:

The first and second place spellers from the Fulton School **Spelling Bee** will move on to the District #146 **Spelling Bee**, which is on January 11th @ 6:00pm at *Central Middle School*. You can check out spelling tips at www.spellingbee.com



“**READ TO SUCCEED**” Reading Incentive Program offered by Six Flags Great America(Gurnee, IL) Start reading so your child (grades K-5) can earn a **FREE** ticket to Great America by reading 6 hours(360 minutes) of *recreational* reading as an incentive program. Parent letters and student log forms are being sent home before winter break with details. If you need another log sheet at any time, please contact your child’s teacher. All log forms must have minutes documented and require parent signature/initials. The final due date for Six Flag log sheets is **Friday, February 17, 2015**. All log sheets are due to your teacher at this time. Your child will receive their earned ticket, within their final report card envelope at the end of the year. Great America also offers family discounts online also for the rest of the family to help create a Summer Event for the whole family to enjoy! **READ! READ! READ!**

Lorie Kaiser, Six Flags Fulton School Coordinator



This month in Art!



1st Grade – First graders just learned how to draw figures using shapes instead of sticks! We practiced drawing each other from observation in static and dynamic poses. In the new year, we'll be using our knowledge to make a work of art inspired by Keith Haring!

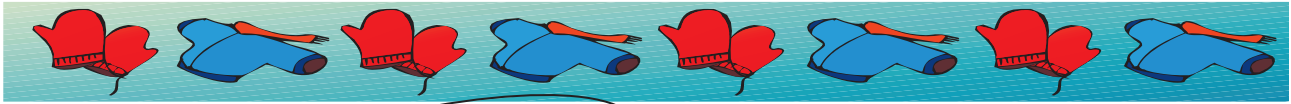
2nd Grade – Second graders just finished creating an African inspired mask. We celebrated by dancing around a drum circle like some African Tribes do! Frida Kahlo is the subject of our next project. We are creating portraits featuring favorite pets, animals, or symbolism to show a deeper meaning in our work.

3rd Grade – In third grade we are working on drawing self portraits showing different expressions. We are comparing how the details of our faces look different when we make different expressions. Next we will use a new material--metal--to create coins featuring some very important and inspiring people!

4th Grade – Our stained glass projects took a little bit longer than anticipated, but that's okay because we worked really hard on them! When we finished making the stained glass, we worked in groups to decide where and how to hang our work, just like artists or museum curators do! We'll start on one-point perspective when we come back in January.

5th Grade – Fifth graders have learned a little bit about 3-d design and we have started planning our pens! We actually started our plans on paper, by drawing our names in block letters and then drawing them so they look 3 dimensional. To really start thinking about how we will design our letters, we also drew the negative spaces as 3-dimensional objects. We will start to work with our 3-d printing app, 123d design, when we come back in January.

Notes from Mr. McLaughlin & Mrs. Terdich: With the new year around the corner, it's time to get excited for our spring art shows! After a successful collaboration last year, we will again be joining the Choir for a special Fine Arts Night. In addition, we have again been invited to have a show at the Vogt Visual Art Center. Stayed tuned and watch for forms to be sent home in the coming months. Happy New Year!



STUDENT
COUNCIL

STUDENT COUNCIL

Fulton School has once again shown its generous nature. Staff and students brought in hundreds of mittens, gloves, hats, scarves, coats, and even a few pairs of boots for the Winter Items Drive sponsored by Student Council, all in all 14 boxes and bags of winter items were donated to Together We Cope! Way to go for helping keep our community warm!



JANUARY Breakfast Menu



<p>Welcome Back!</p>	<p>3 Strawberry Pop Tart Cheese Stick Choice Of Fruit Choice Of Milk</p>	<p>4 Chocolate Muffin Cheese Stick Choice Of Fruit Choice Of Milk</p>	<p>5 Blueberry Muffin Cheese Stick Choice Of Fruit Choice Of Milk</p>	<p>6 Bagel with Jelly Choice Of Fruit Choice Of Milk</p>
<p>9 Fudge pop tart Cheese Stick Choice Of Fruit Choice Of Milk</p>	<p>10 Chocolate Muffin Cheese Stick Choice Of Fruit Choice Of Milk</p>	<p>11 Strawberry pop tart Cheese Stick Choice Of Fruit Choice Of Milk</p>	<p>12 Soft Oatmeal Apple Bar Cheese Stick Choice Of Fruit Choice Of Milk</p>	<p>13 Institute Day</p>
<p>16 Holiday</p>	<p>17 Soft Oatmeal Apple Bar Cheese Stick Choice Of Fruit Choice Of Milk</p>	<p>18 Fudge Pop tart Cheese Stick Choice Of Fruit Choice Of Milk</p>	<p>19 Banana Muffin Cheese Stick Choice Of Fruit Choice Of Milk</p>	<p>20 Bagel with Jelly Choice Of Fruit Choice Of Milk</p>
<p>23 Blueberry Muffin Cheese Stick Choice Of Fruit Choice Of Milk</p>	<p>24 Cinnamon Frosted Pop tart Cheese Stick Choice Of Fruit Choice Of Milk</p>	<p>25 Chocolate Muffin Cheese Stick Choice Of Fruit Choice Of Milk</p>	<p>26 Strawberry Pop Tart Cheese Stick Choice Of Fruit Choice Of Milk</p>	<p>27 Soft Oatmeal Apple Bar Cheese Stick Choice Of Fruit Choice Of Milk</p>
<p>30 Kraves Cereal Pouch Cheese Stick Choice Of Fruit Choice Of Milk</p>	<p>31 Soft Oatmeal Apple Bar Cheese Stick Choice Of Fruit Choice Of Milk</p>			



**JANUARY
2017
Lunch Menu
District 146**

Daily Special \$3.05
Served with choice of sides and choice of milk.

Chicken Nuggets
Dinner Roll
or
Mini Maple Pancakes
or
Turkey Chop Salad w/
Bread stick
Carrot Coins
Assorted Fresh Fruit
Choice of Milk

Bread Stick
or
Chicken Patty
or
Turkey & Cheese Sandwich
on a Potato Roll
Steamed Broccoli
Assorted Fresh Fruit
Choice of Milk

Orange Chicken Rice Bowl
or
All Beef Hot Dog
or
Chicken Ranch Bacon Wrap
(turkey bacon)
Celery Sticks
Assorted Fresh Fruit
Choice of Milk

Personal Pan Pizza
or
Hamburger
or
Cheeseburger

3 Bean Salad
Assorted Fresh Fruit
Choice of Milk

DID YOU KNOW?

- All of our beef is 100%, no added soy or fillers
- Our hot dogs are 100% beef
- Our Meatballs are 100% turkey
- We offer students a variety of fresh fruit & vegetables daily
- All of our breads, grains, pasta, crusts, rice and tortillas are whole grain
- When served our cookies are peanut safe, reduced fat and whole grain
- Our kitchen is peanut safe
- The ketchup we serve has no high fructose corn syrup

9 **FULTON FIESTA**
Waffle w/ Chicken
or
All Beef Hot Dog
or
Yogurt Parfait & Cheesestick
Baby Carrots & Dip
Assorted Fresh Fruit
Choice of Milk

10 **FULTON DELI**
Curly Pasta & Meatballs w/
Marinara
or
Mini Maple pancakes
or
Turkey Chop Salad
w/Bread stick
Cucumber coins
Assorted Fresh Fruit
Choice of Milk

10 **FULTON DELI**
Com Dog
or
Chicken Patty
or
Turkey & Cheese Sandwich on
Potato Roll
Baked Beans
Assorted Fresh Fruit
Choice of Milk

12
Turkey Sloppy Joes
or
All Beef Hot Dog
or
Chicken Ranch Bacon Wrap
(turkey bacon)
Potato Wedges
Assorted Fresh Fruit
Choice of Milk

13

Institute Day

16

**Holiday
No School**

17 **FULTON DELI**
Chicken Tenders
Dinner Roll
or
Mini Maple Pancakes
or
Turkey Chop Salad w/Bread
stick
Seasoned Green Beans
Assorted Fresh Fruit
Choice of Milk

18 **FULTON DELI**
Chicken & Cheese Quesadilla
or
Chicken Patty
or
Turkey & Cheese Sandwich on
Potato Roll
Refried Beans
Assorted Fresh Fruit
Choice of Milk

19
Penne Pasta w/ Meat sauce
Breadstick
or
All Beef Hot Dog
or
Chicken Ranch Bacon Wrap
(turkey bacon)
Spinach salad
Assorted Fresh Fruit
Choice of Milk

20

Bosco Sticks W/ Marinara
or
Hamburger
or
Cheeseburger
Celery Sticks & Dip
Assorted Fresh Fruit
Choice of Milk

23 **FULTON FIESTA**
BBQ Cheddar Burger
or
All Beef Hot Dog
or
Yogurt Parfait & Cheesestick
Carrot Coins
Assorted Fresh Fruit
Choice of Milk

24 **FULTON DELI**
QUEST Bowl
(chicken,potato,com,gravy)
or
Mini Maple Pancakes
or
Turkey Chop Salad w/Bread
stick
Seasoned Corn
Assorted Fresh Fruit
Choice of Milk

25
Turkey Chili Mac w/
Dinner Roll
or
Chicken Patty
or
Turkey & Cheese Sandwich on
Potato Roll
Fresh Broccoli
Assorted Fresh Fruit
Choice of Milk

26
Chicken Noodle Soup
Mini Turkey & Cheese sub
or
All Beef Hot Dog
or
Chicken Ranch Bacon Wrap
(turkey bacon)
Cucumber Coins
Assorted Fresh Fruit
Choice of Milk

27
Stuffed Crust Pizza
or
Hamburger
or
Cheeseburger
Chilled Pea Salad
Assorted Fresh Fruit
Choice of Milk

30 **FULTON FIESTA**
Pizza Burger
(marinara & mozzarella cheese)
or
All Beef Hot Dog
or
Yogurt Parfait & Cheesestick
Cucumber Coins
Assorted Fresh Fruit
Choice of Milk

31 **FULTON DELI**
Walking Turkey Tacos
or
Mini Maple Pancakes
or
Turkey Chop salad w/
Bread stick
Refried Beans
Assorted Fresh Fruit
Choice of Milk

**QUESTIONS?
COMMENTS?**
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